



SPONGE DABBING

Material Required:

Newspaper, A4 size Sheet, Paint, Sponge/Cotton, News Paper.

Benefits:

Children get an opportunity to explore different colors, self-expression through painting, eye and hand coordination, motor development, sensory experience.

Method:

1. Spread a newspaper, take a A4 size sheet with a picture shown as below.
2. Take the paint in the paper plate to make it easier for the child to dip the sponge in the paint.
3. Now help the child to hold the sponge, dip it gently in the paint and dab it on to the picture in the A4 sheet.
4. Use a new piece of sponge if the child is going to use a different color and guide your child to that dabbing happens within the boundary.
5. Repeat the process till the whole picture is dabbed with the sponge & ensure that there is no white space left in the picture.

<https://youtu.be/CEw5X4lgVFk>

